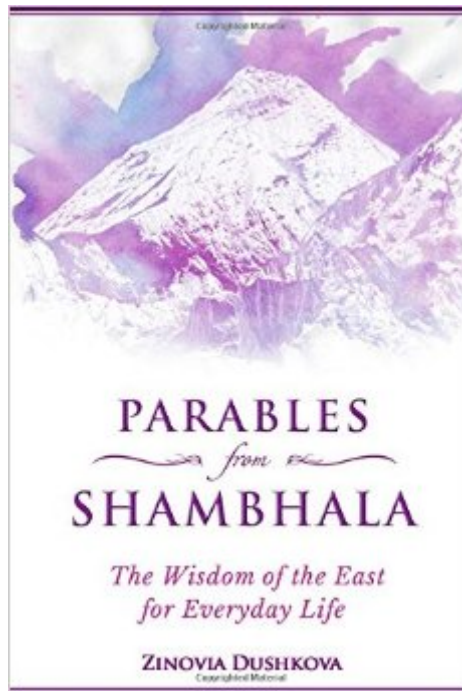


The book was found

Parables From Shambhala: The Wisdom Of The East For Everyday Life



Synopsis

Beautifully illustrated, this inspirational collection of twelve profound parables from Shambhala reveals the greatest ancient truths of the East, which will be helpful to everyone on their path of self-improvement and spiritual growth. During her trips across Tibet, India, Nepal, and Mongolia, Zinovia Dushkova, Ph.D., an award-winning author and researcher of ancient mysteries, has stayed at numerous monasteries -- those open to the public as well as those hidden high within mountains and caves. Representatives of different religions, elderly monks and hermits, generously shared secret knowledge with her. In the course of their conversations, they narrated legends and tales originating from the mysterious kingdom of Shambhala. These experiences served as an inspiration to the author. Thus, in 2004, under the canopy of gigantic deodar cedars on one of the summits of the Himalayas, she started writing down this book of parables. The complex in the simple and the simple in the complex go hand in hand throughout our lives. Each of us is called to understand ourselves in order to understand and love our neighbours. For this purpose, the twelve Parables from Shambhala will help us; the Mahatmas, the Great Souls of the East, left them as a heritage to humanity. They conceal the great laws of Existence that the author interpreted through the daily search for vital decisions, which are indeed simple, yet at the same time extraordinarily wise.

Book Information

Paperback: 150 pages

Publisher: Radiant Books (January 24, 2016)

Language: English

ISBN-10: 5990543166

ISBN-13: 978-5990543164

Product Dimensions: 4 x 0.3 x 6 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #1,198,623 in Books (See Top 100 in Books) #49 in [Books > Literature & Fiction > Genre Fiction > Religious & Inspirational > Short Stories & Anthologies > Short Stories](#) #721 in [Books > Literature & Fiction > Mythology & Folk Tales > Folklore](#) #15729 in [Books > Literature & Fiction > Short Stories & Anthologies > Short Stories](#)

Customer Reviews

I love the genre of parables "the fount of wisdom is hidden within their small form. The parables of Dushkova's book are especially precious for me, because the great and

mysterious Shambhala is behind them. They help us understand the universe and ourselves. I read and re-read this book. My heartfelt gratitude to the author.

In an easy and accessible form, these parables reveal profound concepts of man's relationship with his Higher Self and with the world where his soul abides. Interaction between Spirit and Matter is showed through simple examples, which indeed revealed new facets of Truth to me, making me think about seemingly ordinary things. This book is for those who look for answers on questions such as: Who are you? Why did you come into this world? What are the Laws that rule it? And these Parables are not fairy tales of good and evil as it might seem at first sight, but deep philosophical reflections, compelling us to look at our usual daily affairs in a new way and to discover the organization of Creation. Thanks to the author for the purity of her thought, for the beautiful style of exposition, and for the opportunity to see the mundanity surrounding us from a new angle.

The parables roots in Eastern philosophies are implied at best--more a strange kind of charismatic Christianity with a dose of Zen (maybe). I am not expert in these things but I found them more depressing than illuminating.

Parables from Shambhala are like shells with precious pearls lying on coastal sand. The author has already raised them from the depths of the Ocean of Wisdom. Yet readers must apply their own efforts in order to get these pearls out of the shells, immensely enriching their inner world. This book is not for those who wish to read slick fiction, but for people who aspire to comprehend the true meaning of their life and life in general. Undoubtedly, Parables from Shambhala will provide answers on many vital questions, which you might have never asked yourself. I'm grateful to the author of the book, Zinovia Dushkova, for this sincere and confidential conversation with the reader, for her faith in humanity and its beautiful future.

A very nice read, especially if you have little time for long books. The essays are easily read in one sitting. Check out the one on Shadows in particular.

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